

COVID-19 Return to Work Recommendations from the CDC

Here are a few tips from the CDC and your friends at Cadwell Sign reminding your employees how to stay safe and how to protect others when they return to the workplace. If you need help with other COVID Signs for the workplace contact us at sales@cadwellsign.com or see our COVID sign samples at www.cadwellsign.com.



Stay home when needed

If you have symptoms or have tested positive for COVID-19, stay home.



Wear a mask

in all public settings, interacting without wearing a mask increases your risk of getting infected or infecting others.



Social distance in shared spaces

Maintain at least 6 feet of distance between you and others. COVID-19 spreads easier between people who are within 6 feet of each other. Indoor spaces are more risky than outdoor spaces.



Wash your hands often

Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol if soap and water are not available.



Cover your coughs and sneezes

Remember to cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow.



Avoid sharing objects and equipment

Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. If you cannot avoid using someone else's workstation, clean and disinfect before and after use.



Clean and disinfect frequently touched surfaces and objects

Clean and disinfect frequently touched objects and surfaces, like workstations, keyboards, telephones, handrails, and doorknobs.